

Winfield Village  
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Savoy, IL 61874  
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# Village Voice

WINFIELD VILLAGE

FEBRUARY 2010

## FEBRUARY HIGHLIGHTS

- February 1, Housing due
- February 2, Groundhogs day
- February 2, 9, 16, 23, Pest Control
- February 10, Housing late after 5:30pm
- February 14, Valentine's Day
- February 24, Orientation Meeting 6:00pm
- February 24, Board Meeting 6:45pm

## OFFICE HOURS

Monday-Friday:  
8am-5:30pm

Saturday-Sunday:  
Closed

## IMPORTANT NUMBERS

Office:  
(217) 359-9709

Emergency Maint:  
(217) 359-9709

Fire, Police,  
Ambulance:  
911

## Community Safety Reminders

-- Turn on your porch and patio lights at night. It helps deter any vandalism that might occur. It's a low cost way to help prevent crime and promote safety .

-- Parents--Be sure your children are not playing in the parking lots and streets of Winfield. With all the traffic in and out it's dangerous for them there. Winfield has great sidewalks and playgrounds for the children. Be sure you know where your children play.

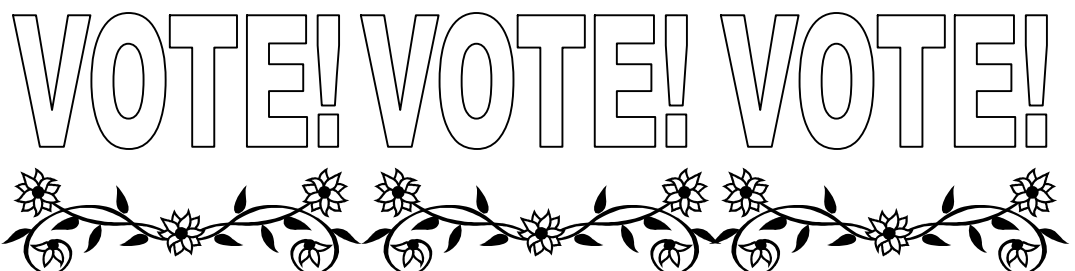
## Annual Meeting

We have two Board of Director positions to fill this year. If you are interested in running for the Board, you must submit your letter of intent by 5:00pm on Thursday, March 4th. Our Annual Election and Meeting will be held on Wednesday, March 10th at 7pm.

The polls will be open that day from 7:00am to 7:00pm. If you are unable to attend, be sure to cast a proxy vote.

The pizza dinner starts at 6:00pm. We will also have fabulous door prizes. Of course, you must be present to win.

Also, be sure to attend "Meet The Candidate Night" which will be held on March 9th at 7:00pm to meet and become familiar with the candidates before you vote.



# Wit & Wisdom

“No matter how much pressure you feel at work, if you could find ways to relax for at least five minutes every hour, you’d be more productive”  
- Dr. Joyce Brothers

“We can’t all be heroes because somebody has to sit on the curb and clap as they go by”  
- Will Rogers

“A handful of patience is worth more than a bushel of brains”

-Dutch Proverb

## 2009 Taxes

The office has a letter regarding 2009 Mortgage Interest and Real Estate Taxes for Cooperative members. The 2009 deductions for interest and real estate taxes are only deductible if you itemize your deductions by filing Schedule A, Form 1040 with your 2009 tax return. The office will post signs when the letter is available.



## U of I Graduation

The University of Illinois graduation is coming up in May. Winfield Village uses a lottery system when renting the Community Room for major holidays and events. If you are interested in renting the Community Room for any of these upcoming holidays, including graduation, you will need to sign up in the office to be part of the drawing. Drawings are held approx 4 weeks prior to the event to allow adequate planning time. Winners will be notified by phone.

## Submissions To The Village Voice

The Village Voice will accept advertisements of items on sale and/or announcements of community events as well as other items of interest to the Winfield Village Community. You may submit items to appear in the September issue of the Village Voice by bringing something in writing into the office, or by e-mailing it to us at [winfield@winfieldvillage.com](mailto:winfield@winfieldvillage.com) by February 25th.

## Winfield Reminders

- Please do not prop your storm doors open. The wind can catch the door and rip it off the hinges. Also, keeping your storm door closed helps keep your home insulated in this cold weather.
- You should have received two revised policies in the mail. Please make sure you review these policies and place them in your Winfield Village Policy Book to replace the outdated policies.
- Please take a few minutes to review all the policies in your Policy Book. Make sure your guests are also aware of the policies. Each member is responsible for the information contained in the Policy Book.

## Get Your ZZZZ's With Ease!

Humans need at least eight hours of sleep per day. Despite what you may think, even you need as much rest as you can get. While you sleep, your brain activity actually increases. Sleep scientists believe that, while you sleep, your brain is storing and rearranging memory engrams, processing information and solving

problems. Dreams, according to these scientists, may just be your brain updating you on its progress. Try these tips for a better nights sleep:

- Go to bed at the same time every night.
- Don't drink liquids right before going to bed.



- Keep your bedroom as simple and free of clutter as you possibly can.
- Try counting sheep. It sounds corny, but it works.
- Take a warm bath to help you relax.

Sleep well!!!

## Have You Seen Punxsutawney Phil?

Or more to the point, did he see his shadow? On February 2, Phil comes out of his burrow on Gobbler's Knob –in front of thousands of followers from all over the world –to predict the weather for the rest of winter.

According to popular legend, if Punxsutawney Phil sees his shadow, there will be 6 more weeks of winter weather. If he does not see his shadow, there will be an early spring.

Punxsutawney had its first Groundhog Day in the 1800s. The first official trek to Gobbler's Knob was made on February 2, 1887.

Lets hope that Phil doesn't see his shadow!!



## Stay Off The Grass

In Recent months we have had problems with people parking their vehicles on the grass next to the curb along Paddock drive and elsewhere on the property. Any violation will result in a \$50 fine. Here are a few reasons why this is important:

1. On wet days it tears up the turf and creates ruts that can cause twisted ankles or a variety of other injuries.
2. It is unsightly and it takes a lot of time to fix these areas. This extra work can be avoided.
3. It allows water to collect in ruts and is a breeding ground for insects.

Please help us keep Winfield Village looking it's best.



## Did you Know

Saint Valentine's Day or Valentine's Day is a saints day commemorating Saint Valentine on February 14. It is the traditional day on which lovers express their love for each other; sending Valentine's cards, donating to charity or gifting candy. It is very common to present flowers on Valentine's Day. The holiday is named after two men, both Christian martyrs among the numerous Early Christian martyrs named Valentine. The day became associated with romantic love in the circle of Geoffrey Chaucer in High Middle Ages, when the tradition of courtly love flourished. The day is most closely associated with the mutual exchange of love notes in the form of "valentines." Modern Valentine symbols include the heart-shaped outline and the figure of the winged Cupid. Since the 19th century, handwritten notes have largely given way to mass-produced greeting cards. The U.S. Greeting Card Association estimates that approximately one billion valentines are sent each year worldwide, making the day the second largest card-sending holiday of the year behind Christmas. The association estimates that women purchase approximately 85 percent of all valentines.

# Disaster Preparedness Committee

**10 minutes.**

**10 dollars.**

**10 times more prepared.**

The Winfield Village Disaster Preparedness Committee knows that getting prepared for an emergency can seem overwhelming. That is why we are encouraging ALL Village members to take **just three simple steps** to help your family be more prepared:

**1. Take 10 minutes** to hold a family council.\* Talk about

Home escape routes

Where to meet (i.e., the next door neighbor's telephone pole)

Utility shut-off and safety

Distribute family contact information (in case family is split up when disaster strikes)

Make sure insurance and vital records are in a safe place where you can find them quickly

**2. Get a battery-powered radio** (for as low as \$10!) and keep it in your tornado hideout location.

Because it's hard to stay informed if the power is out and all you have is an electricity-powered radio. Better yet, purchase a weather-alert radio that lets you know when a watch or warning has been issued for your area (recommended by our area's emergency specialist, Bill Keller).

**3. Sign up for weather alerts** at <http://mystateusa.net/>.

Alerts come as text messages or emails (not necessary for those with a weather-alert radio).

Remember, when disaster strikes, make sure you and your family are safe, then check on a neighbor. If we pull together as a community, we will be much stronger than we could be alone.

\*For more info on creating a family disaster plan, visit <http://www.ready.illinois.gov/before/familyplan.htm>

## Fire Safety

Make sure you are doing everything you can to prevent fires. Follow these safety tips:

- Never leave anything on the stove or under the broiler unattended
- Please ask questions if you are not familiar with using a gas stove
- Keep a fire extinguisher on hand and make sure you are properly trained to use it
  - Never leave burning cigarettes or candles unattended
  - Test all smoke alarms at least once per month

**Should you have a fire, please follow these steps:**

1. **Call 911 immediately for help.**
2. **Once the fire department is on their way and/or has the fire under control, THEN contact the office to let us know.**



*“February is American Heart Month. Help reduce your risk for heart attacks.”*

## Taking It To Heart

February is American Heart Month. You can reduce your risk for heart attacks by doing the following things:

- Quit smoking
- Increase your physical activity
- Use alcohol moderately

- Maintain a healthy weight and eat a healthful diet

These measures should help to lower your blood cholesterol and triglycerides, which in turn decrease your risk for heart disease. Share this information with family and friends to help reduce

heart disease.

Visit Winfield Village’s Fitness Center. It is open 24 hours a day. Your activity key will open the door. Please contact the office for replacement activity keys.

## Member Orientation Meetings

New member orientation meetings are regularly held the Wednesday of the Board Meeting at 6:00pm in the Community Room. February’s meeting will be held on Wednesday, February 24th. Please remember that all new members need to attend an orientation meeting within the first 6 months of living at Winfield Village in order to receive your \$100 deposit back.



## Recipe Box

### Ingredients:

- 2 egg yolks
- 2 tablespoons sugar
- 3 tablespoons Prosecco
- 1/3 cup whipping cream
- Semisweet chocolate shavings, for garnish

### Directions:

Fill a bowl over a saucepan of barely simmering water, and put the egg yolks and sugar into the bowl.

Using an electric whisk, start whisking the yolks and sugar over the simmering water. The mixture should become pale and thick like super-aerated double cream, and by the end it should have at least tripled in volume and be exuberantly frothy. This could take up to 15 minutes.

Continue whisking as you slowly pour in the Prosecco; you should then have a soft, billowing mass. Remove the bowl from its pan of simmering water, and place on a cold surface or stand in a pan of cold water, and whisk until cool. The whisk the whipping cream and fold into the egg mixture. Pour into 2 glasses, garnish with chocolate shavings, if using, and serve.

### \*RAW EGG WARNING

Use caution in consuming raw and lightly-cooked eggs due to the slight risk of Salmonella or other food-borne illness. To reduce this risk, we recommend you use only fresh, properly-refrigerated, clean, grade A or AA eggs with intact shells, and avoid contact between the yolks or whites and the shell.

(courtesy of the Food Network)

Prep Time: 15 minutes

Cook Time: 15 minutes

Yield: 2 servings

COFFEE & NUTRITION

# Maintenance Report



**John Bunner:**  
**Maintenance**  
**Coordinator**

## Roof Leaks:

Roof leaks have become an issue for our aging property in the last few years. We keep up with them to the

best of our abilities but some go undetected. You can help by identifying possible roof leaks in your home. Here are some easy ways to help identify a leak:

- Stained areas on walls or ceiling, usually brownish in color.
- Soft areas that have cracks

- Dripping water from the ceiling.
- Ceilings with bulging areas that are soft to the touch.

If you notice any of these warning signs please contact the office. Hopefully with your help we can stay up on this problem and have one less thing to worry about in the years to come.

*“Please note what months your unit is to be sprayed. If you are not home, the pest control service will leave a note in your unit.”*

## Pest Control Spraying

Please note what months your unit is to be sprayed. If you are not home, the pest control service will leave a note in your unit. Please be aware that if you have a problem with roaches, you need to notify the office immediately so that we may schedule an additional spraying for your unit.

### February, May, August, and November:

**First Tuesday:** 300, 302, 304, 306, 308, 310, 312, 314, 316, 318, 320, 322, 324, 326, 328, 330, 332, 334, 336, 340, 342, 344, 346, 348, 350, 352, 354.

**Second Tuesday:** 356, 358, 360, 362, 364, 366, 368, 370, 372, 374, 376, 378, 380, 382, 384, 388, 390, 392, 394, 396, 398, 400, 402, 404, 406, 408, 410.

**Third Tuesday:** 412, 414, 416, 418, 420, 422, 424, 426, 428, 430, 432, 434, 436, 438, 440, 442, 444, 446, 448, 450, 452, 454, 456, 458, 460, 462, 464, 466.

**Fourth Tuesday:** 377, 379, 381, 383, 385, 387, 389, 391, 393, 395, 397, 399, 401, 403, 405, 407, 409, 411, 413, 415, 417, 419, 421, 423.

### March, June, September, and December:

**First Tuesday:** Apartment Buildings: 101, 103, 301, and 303.

**Second Tuesday:** Apartment Buildings: 369, 371, 373, and 375.

**Third Tuesday:** 105, 107, 109, 111, 113, 115, 117, 119, 121, 123, 125, 127, 129, 131, 133, 135, 137, 139, 141, 143, 145, 147, 149, 151, 153, 155, 157, 159.

**Fourth Tuesday:** 305, 307, 309, 311, 313, 315, 317, 319, 321, 323, 325, 327, 329, 331, 333, 335, 337, 339, 341, 343, 345, 347, 349, 351, 353, 355, 357, 359, 361, 363, 365, 367.

# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Housing Due	2 Pest Control	3	4	5	6
7	8	9 Pest Control	10 Housing late after 5:30pm	11	12	13
14 Valentine's Day	15	16 Pest Control	17	18	19	20
21	22	23 Pest Control	24 Orientation 6pm Board Meeting 6:45pm	25	26	27
28						

## Important Information

### Office Hours:

Monday-Friday 8:00 am-5:30 pm  
Saturday-Sunday Closed

### Board of Directors:

President Larry Millet  
Vice President Bruce Richards  
Secretary Diane Bundy  
Asst. Secretary  
Treasurer Linda Sanders

Board E-mail:  
winfieldboard@winfieldvillage.com

### Office Staff:

Property Manager Angie Pearman  
Administrative Assistant Pam Gream  
Administrative Assistant Eric Patrick

**Maintenance Coordinator:** John Bunner

**Maintenance:** Dan Gustafson  
Jacob Swigart

**Painter:** Kathy Randall

**Janitor:** Holly Golden

**Maintenance Request:** Call 359-9709 or  
email winfield@winfieldvillage.com

**We're on the web at:**  
[www.winfieldvillage.com](http://www.winfieldvillage.com)